

THE WASHINGTON TIMES DAILY MAGAZINE PAGE

Jap Women Fight For Better Home

Ten Thousand Vow They Won't Wed Unless Treated As Equals.

TEN thousand Japanese women on real strike, actually sure of what they want and determined to get it!

That is the situation in Nippon at present, according to Prof. Kuroiwa Shiroki, of Japan, who claims to be the originator of the idea. The object of the strike is not the refutation of the idea that women's place is the home, not yet a demand for higher wages, but an organized campaign in favor of better conditions for married women and more protective legislation for all.

All of the 10,000 women enrolled have vowed never to marry unless their prospective husbands promise certain things. Among these is the signature of a pledge to treat wives as equals and to vote for laws protecting women or aiding their economic status wherever possible.

Where Surrender Would Lie.

Prof. Shiroki instigated the movement because he believes that women, if they can be brought to realize it, are the controlling factors in the situation. If they refuse to marry except under these conditions, men will soon be brought to terms.

"If women take this position," said Prof. Shiroki, "they will soon bring men to their senses. In the face of it, men would soon lose his arrogance and overbearing and learn to eat humble pie."

"Under such a condition of siege, it is not difficult to see on which side surrender would lie. The position would, in fact, be reversed, and men become the slaves."

"During all the long, sad years of woman's bondage, she has never seen fit to wield this weapon, as she can do if she wills, for the reformation and culture of mankind."

Man's Duty.

"It is very difficult to bring such an organization to a successful termination, but the more the women think of it the more they will see that man is not only dependent upon woman, but that he has more respect for the woman who purports to be single than for the woman who gives herself away on any other than even terms as husband and wife."

"Personally, I do not wish to place all the responsibility in emancipating the woman on the shoulders of the Japanese women. It is man's duty to work for the good of womanhood, and he should be ashamed to force women to such an expedient as I have suggested. Society is driving women from the home and the family into commerce and industry into factories and offices by thousands and even by millions, and unless something is done and done soon, the condition will be as I have indicated."

To Reach Wise Medium.

"If women are willing to die for freedom, as some of them aver, let them hold out for the single life until man gives in. The result at first will be a condition of extremes, but the wise medium will soon be reached, when neither sex will be enslaved, and both will be equally free to do what is best for the interests of mankind."

Kitchen Proverbs

By MRS. CHRISTINE FREDERICK

Copyright, 1915, by Mrs. Christine Frederick. A scale in the kitchen is worth two at the grocer's.

An unsharpened knife cuts no bread.

Some recipes are to be looked at; others to be tested; but only a few to be followed for practical use.

An account book in the hand means peace in the pocket.

An hour of wholesale marketing is better than a week of retail shopping.

"It's better to have cooked and scorched than never to have cooked at all."

Some women are born housekeepers, others achieve housewifery, but some, alas, think housekeeping is only drudgery thrust upon them.

These four food values are given unto you: Protein, starch, fat, and mineral matter. But the greatest of these is mineral matter.

Old-fashioned housework was from sun to sun; New-fashioned methods are early done.

The proof of the dinner are the combinations thereof.

Three Minute Journeys

By TEMPLE MANNING.

MOST of us think of the Caspian as the bulwark of the Russian army—soldiers that are wild and blood-thirsty, yet patient and uncomplaining under hardships. It came as a surprise to me when I learned that the vast majority of the Cossacks earn their living not by warfare, but by fishing and making caviare. Caviare, as every epicure knows, is a preparation made from the eggs of the sturgeon—although in times of scarcity the roes of other fish are palmed off upon the unsuspecting. Other countries besides Russia supply caviare to the world, but the caviare most esteemed comes from the southeastern district and the northern shores of the Caspian sea. It is from the roe of the great sturgeon, which sometimes attains a length of twenty-five feet, that the most commonly eaten caviare is made, and the best is manufactured from fish that are caught during the depths of winter. From the table of the rich Russian caviare is seldom

New Spirit Seen in Montgomery County This Year And Evidenced by Women's Activities at the Fair



DR. CUSTIS LEE HALL and Assistant, weighing an entry in the Better Babies Contest.

Residents Wake to Realization That They Were Raising Human Stock Much More Important Than Alderneys and Berkshires.

THERE was a new spirit at the Rockville Fair this year. Everyone who was there admitted it.

For one thing, the residents of Montgomery county woke to the realization that they were raising human stock much more important than Alderneys and Berkshires, that grandma's jellies were forced to yield the palm to fruits and vegetables canned by girls in their teens, and that the most popular vehicle in the State was the motor and not the family carry-all.

What was back of this new spirit? How did it happen that the sacred precincts of all county fairs should be invaded by a Better Babies contest or an exhibit by Camp Fire Girls?

How It Happened.

This is how it came about. Just about two years ago the women of Montgomery county decided that the Rockville Fair was not making the most of its opportunity as an educational factor. At this time, as at no other in the year, the people of the county could be reached in such numbers that any provision for their betterment as units of a great community would be certainly worth while.

Twenty-four women's clubs included under the Montgomery County Federation of Women's Clubs numbered 15,000 members. Each one of these clubs sent a delegate bearing the good will and desire of her organization to help boost the fair.

With Mrs. William H. Holmes, of Rockville, as chairman, this council of twenty-four met to map out a plan of campaign.

Over 200 Entries Examined.

First of all, many of them had been inspired by Mrs. Anna Steens, Richardson's resume of the Better Babies campaign at a convention of the National Congress of Mothers in this city. Several contests, conducted along the lines sketched by Mrs. Richardson, were held in Washington soon after her talk here. Why should not the Rockville fair make a Better Babies contest as much a feature as are similar competitions at some of the State and county fairs in the far South? Accordingly, the Better Babies contest was determined upon as one step in the reorganization of the fair.

Two tents were devoted to it, and people took as much interest in watching the babies weighed and examined by the doctors and nurses in charge as they had done in looking at the exhibits of cattle and horses in previous years. From the time that the fair opened on Tuesday, the tents have done a rushing business. More than 200 entries were examined by the standards adopted for all contestants of the kind.

There were three classes in the contest, one for babies from one year to a year and a half, another from a



Mothers and Babies in front of the Better Babies Test.

Grandma's Jellies Forced to Yield the Palm to Fruits and Vegetables Canned by Girls in Their Teens.

present fair, the idea takes the form of a series of booths from various parts of the county, showing characteristic products of each.

More Women Exhibitors.

The women's clubs have had a chance to win attention to themselves as well as to promulgate exhibits of an instructive nature. For one thing, they have charge of a special exhibit of fancy work, done by club members for the most part. It has been noted that the number of women exhibitors of poultry and live stock has increased largely, while other farm products were entered by them in goodly profusion. This year, too, the work has been not only constructive, but preventive as well. The federation has done all in its power to restrict the number of roulette wheels and other games of chance operating on the grounds and open to children's patronage. The members hope that by managing year concessions to persons managing these will be refused altogether.

Make Their Influence Felt.

Thus it may be seen that through all this year's fair the Montgomery county women have really had a chance to make their influence felt. The directors of the association gave them the opportunity to carry out practically all they had planned for this first year under the new system that has given them a solid place in the great yearly event of the county.

For next year they are planning even a more extensive work. With this year's success behind them, it is only fair to predict that in 1916 the Montgomery County Agricultural Society fair will mean more than ever before.

A Perfect Day

When you come to the end of a perfect day
And you sit alone with your thought
While the chiming ring out with a carol gay
For the joy that the day has brought.
Do you think what the end of a perfect day
Can mean to a tired heart,
When the sun goes down with a gleam
And the dear friends have to part?
Well, this is the end of a perfect day.
Near the end of a journey, too;
Eut it leaves a thought that is big
With a wish that is kind and true.
For memory has painted this perfect day
With colors that never fade.
And we find, at the end of a perfect day,
The soul of a friend we've made.
—Carrie Jacobs-Bond.

The Small Sauce Pan.

In cooking for a small family, remember there is always waste of food in using too large utensils. Manufacturers were slow to learn this, but there are in the market now tiny saucepans even small enough for the proverbial "old maid and her cat." Such saucepans can be bought in enameled ware in a variety of sizes and colors. They are scarcely larger than ramekins and are most useful for sauces and gravies.

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Inexperience Is Cause Of Bashfulness

By DR. L. K. HIRSHBERG.

Copy, 1915, by Newspaper Feature Service. O be self-conscious is not necessarily commendable nor is to be condemned. It is like the bluen, a dubious flag signal, which may mean either of two contradictory things. Innocence may blush, but it is no sign of innocence to blush, nor proof against it. If you know not how, one of the reasons for self-consciousness is an absence of the sense of proportion. By this is meant the experience which makes a man feel that some one else is either noting him with approval or disapproval. Yet that other "some one" is also, very possibly, self-conscious with the thought that you feel the same about him.

No person or thing is, in itself, great or small. It is the fault of perspective which deludes a man into the thought that he is of no significance or of excessive significance. Self-consciousness is a sign of a person who is either of martyrs, objects of evil, or sufferers from neglect, hard luck or obscurity. Or they become convinced that they are of vast importance or absolute essentials to the world.

On the one hand is the expanded and self-overestimated individual who mistakes himself as the globe—on the other is the self-deprecatory, super-coy, magnanimously timorous person, who translates himself into the flea upon the wheel of life.

It is all very well to do your duty by stealth, and to blush to find it flawed, but there is such a matter as too much of a good thing. The world, the flesh, and the devil will soon cure the self-consciousness which asserts itself pompously in the wrong spot. Be that as it may, an entirely different remedy is demanded for the malignantly modest mood.

Those afflicted with this sheepish, demure, super-sensitive self-consciousness should be trained to see the world from a perspective, an understanding of human and material values in the world.

As sorts of travel, education, association with other people, membership in churches, gymnasiums, dancing classes, summer schools, night lectures, and other places where dozens of new and varied acquaintances can be made are to be sought.

Let us, low, descending sun fall to find new acquaintanceship and new books begun. Put into practice the truth that the study of mankind is man—and woman. And remember that studies given far out at sea, thousands of miles from human habitation by ships that pass in the night.

Answers to Health Questions

J. W. J.—I've just finished the year at college. I noticed my nervousness during the last half of the year. My left hand is very unsteady, shaking like the palsy. I sleep well and have a fair appetite, but this unsteadiness is annoying. Can you suggest a remedy? Your condition will be improved if you bathe the arm in vinegar and water twice a day. Rest as much as possible, and train your left arm to relieve the right. Keep outdoors as much as possible, and go into the country every day if you can. Eat greens, eggs, meats, fruits, cereals, milk, and avoid tea, coffee, and cocoa.

L. H.—What can you recommend to rid one of pinworms? I have been troubled with them since I was a child. Pinworms may be eradicated by using the following: Injection of salicylic acid, 1/4 dram; borate of soda, 1/2 dram; warm water, 1 pint.

M. P.—Can you advise something that will remove hair from the upper lip? The following depilatory may be used with success once or twice a week on the lip. In using this make a paste with water and let it remain on for five or ten minutes: Calcium sulphide, 1 part; starch, 1 part; zinc oxide, 1 part.

A Lady Reader—What do you advise for wrinkles? What will help give me a clear complexion?

Try this each night. It should be massaged into the wrinkles: Spermaceti, 1/4 ounce; white wax, 1/2 ounce; oil of sweet almonds, 1 ounce; lanolin, 1 ounce; cocoanut oil, 11 ounces; tincture of benzoin, 2 drops; oil of olive, 4 drops. A drop of olive oil about half an hour after your meals. Do not use soap or cold cream on the face, but cleanse it with a good peroxide cream and ice cold water instead.

PERSONAL ADVICE.

Readers desiring a personal reply should address:

1. To address inquiries to Dr. L. K. Hirshberg, care of The Washington Times.
2. To enclose a stamped and addressed envelope.

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WILLIAM SLACK NICHOLSON, Winner of a First Prize.

year and a half to two years, and third from two years to two and a half. The winner in the first class was Warren R. Gilling of Bethesda, who scored 94 out of a possible 100. William Slack Nicholson, of Rockville, won the second class with a score of 90, and William Parker, of Rockville, scored the highest in the third class as well as in the entire contest—95 plus.

Still another feature of the fair—by the way, it is no longer really the "Rockville Fair" but the Montgomery County Agricultural Society Fair—was the exhibit of work done by the Camp Fire Girls. A number of camp fires from the county took

part, helping to make the innovation a success.

The automobile parade was an event on the fair program that lent a gala air to the "big day." Thursday, this too, was suggested by the women's clubs, and the Takoma Park Division alone contributed thirty-five cars for the parade. Many of them were gaily decorated, and special prizes awarded to the most attractive tent a carnival air to the occasion.

For the past few years there has been a great deal of publicity given to the canning club for girls and the corn clubs for boys and girls suggested by the Department of Ag-

riculture and maintained under its official benediction.

Fairs offer one of the best opportunities for proving the worth of such clubs, and the Montgomery County Federation of Women's Clubs realized it. That is the main reason why so much emphasis has been given to them this year. Prizes for this work have been awarded to the Montrose Club, the Sandy Spring Club and the Berwyn Club.

The Government is not only interested in canning clubs as a feature of farm life. Officials of the Department of Agriculture believe that a series of community fairs will do much to stimulate civic pride. At the

Time Alone Can Heal Tear Stains Left Upon Tender Cheek of Youth

Little Bo-Peep Didn't Have to Worry About Her Sheep When They Strayed Away, Because She Might Have Known They Were Safe.

By WINIFRED BLACK.

LITTLE Bo-Peep has lost her sheep and she doesn't know where to find them. Let them alone and they'll come home, dragging their tails behind them. Who wrote the Mother Goose hymns? Tell me that and I'll tell you the name of a philosopher and sage, even though she were a petticoat.

Little Bo-Peep has lost her sheep. Poor little Bo-Peep, I'm sorry for her, aren't you?

They were so pretty, the little sheep she tended, so white and woolly and gentle, and they were such funny, timid, foolish, trusting little things, always running after her and baa-ing and wanting to be petted and getting thirsty and tired. And she had combed them all so prettily, too, that very morning, and tied nice, rustling, pink ribbons around the neck of this one, and soft, baby-blue ribbons about the neck of that one, and then, just because she lay down under the tree by the brook for a little, tiny bit of rest, when she woke up they were gone.

"The good sheep dog did his best to wake her up and tell her to be careful, but she was, oh, so tired, and it was so nice there in the shade, and she pushed the sheep dog drowsily away, and now she's gone too, with the sheep. And she doesn't know, not the least little bit in the world—she can't even try to think—where to find them, any

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hard old dog, he's nothing but a scared sheep, after all. How they crowd and push and bleat, the foolish, frightened things! How they come scurrying home, after all, and yet there are their tails, just as Mother Goose said, dragging behind them. What sorry tails they are—humiliation, disgrace, failure. They can't set away from them, they never can, the poor, silly sheep!

Time, the Sheep Dog. No, I don't have to worry about them. Little Bo-Peep, she needn't have given them a minute's thought. The old sheep dog knows his business, and he never takes a nap under the willows on the shady bank, no matter how hot it is in the meadow or how far he has had to run that day.

And So It Is In Real Life With Watchdog Retribution Always On Heel of Our Flock, Ready to Bring It Home At Night.

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